

## Culinary Camp

June 16-18, 2026

Morristown, TN

\$250

6th-12th Grade

Parents/Guardians must provide transportation

This will be the 1st year of the Eastern Region's Culinary Camp. Students will enjoy hands-on opportunities to learn how to cook a variety of dishes. Students do not have to already know how to cook to attend, but they do need to have an interest in learning. This year's theme is a taste of Tennessee. The goal is for attendees to learn how to make dishes with some of Tennessee's delicious, fresh ingredients. Attendees will be staying at a Hampton Inn and traveling to Carson Newman University for the cooking classes.

Those wanting to attend need to complete this application by April 15th.

<https://forms.office.com/pages/responsepage.aspx?id=2RNYUX1x3UWeypqhnAnW-T4ETcq-nFZCikZ9uaiY3rxUN1pMOTA3T1JFNkVNWVhZSFdJTEdCQ1MwWC4u&route=shorturl>

The cost is \$250 and transportation must be provided by parents/guardians. Applicants should know by the end of April if they have been selected to attend.



**4-H CULINARY CAMP**  
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**Taste of Tennessee**  
**SAVE THE DATE!** June 16-18, 2026  
**\$250**

**Camp Theme: Taste of Tennessee**  
Experience the flavors, traditions, and skills that make Tennessee cooking unique! From farm-fresh ingredients to classic Appalachian techniques, this camp brings hands-on learning and fun together.

**What You'll Learn**

- Food Safety & Kitchen Skills**
  - Kitchen cleanliness & safe food handling
  - Preventing cross-contamination
  - Building efficient kitchen workflow
- Appalachian Cooking Skills**
  - History of Appalachian cuisine
    - Cast iron care & seasoning
    - Traditional cooking techniques
  - Baking Basics
  - Measuring Skills

**Activities & Fun**

- Offsite Adventure:**
  - Enjoy an exciting evening **PIRATE VOYAGE**
- Pool Time:**
  - Relax and unwind after a full day in the kitchen
- Sweet Ending Showcase:**
  - Wrap up the week by showing off your baked goods and sweet treats!

**Why Attend?**

- Learn real-life cooking skills
- Explore Tennessee agriculture & foods
- Build confidence in the kitchen
- Make new friends & lasting memories

**Don't miss out – mark your calendar today!**  
Spots are limited for this delicious summer experience!

UT EXTENSION  
INSTITUTE OF AGRICULTURE